

M

N

O

S

T

R

DUARTE ESTRELA

RODRIGO FORTUNA

O

A FILM BY
NUNO BALTAZAR

A GRUMPY PANDA, NUNO BALTAZAR AND CATS FILMS PRODUCTION

WITH THE FINANCING SUPPORT



WITH THE SUPPORT



DISTRIBUTION AND SALES





SYNOPSIS

A summer heat wave sweeps Lisbon. 12-year-old Alex witnesses his best friend being attacked, but an intimate secret keeps him from talking about what happened.

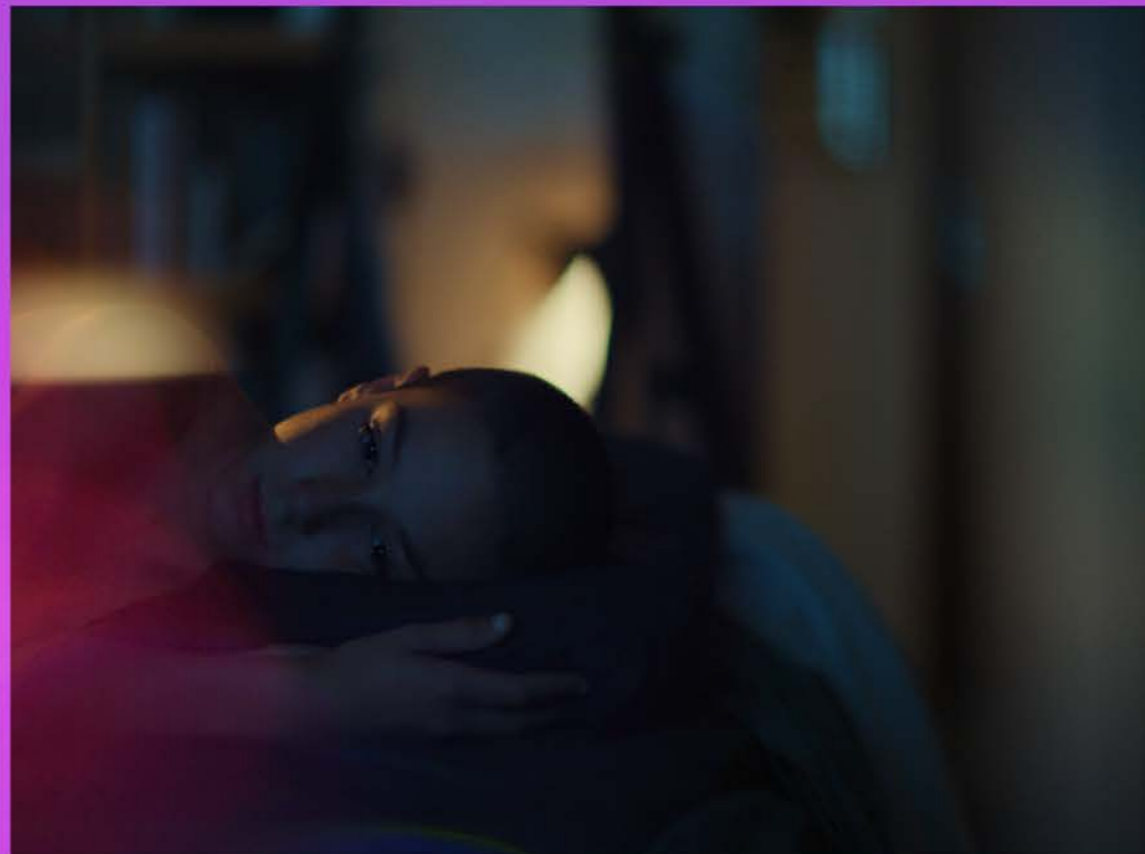


CAST

DUARTE ESTRELA
RODRIGO FORTUNA

ADRIANO CARVALHO
JANI ZHAO
MARIA JOÃO PINHO

ALEXANDRE BAPTISTA
RAFAEL VENTURA
STEFANOS PATRINOS
VASCO FIGUEIREDO



CREW

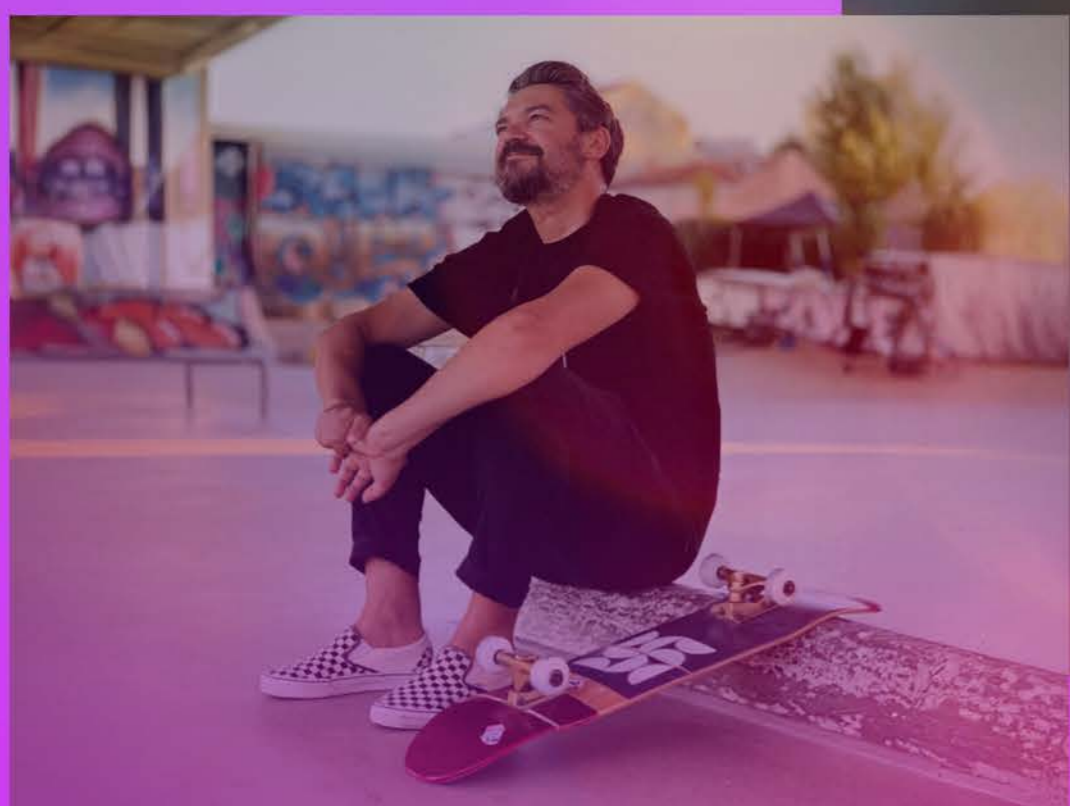
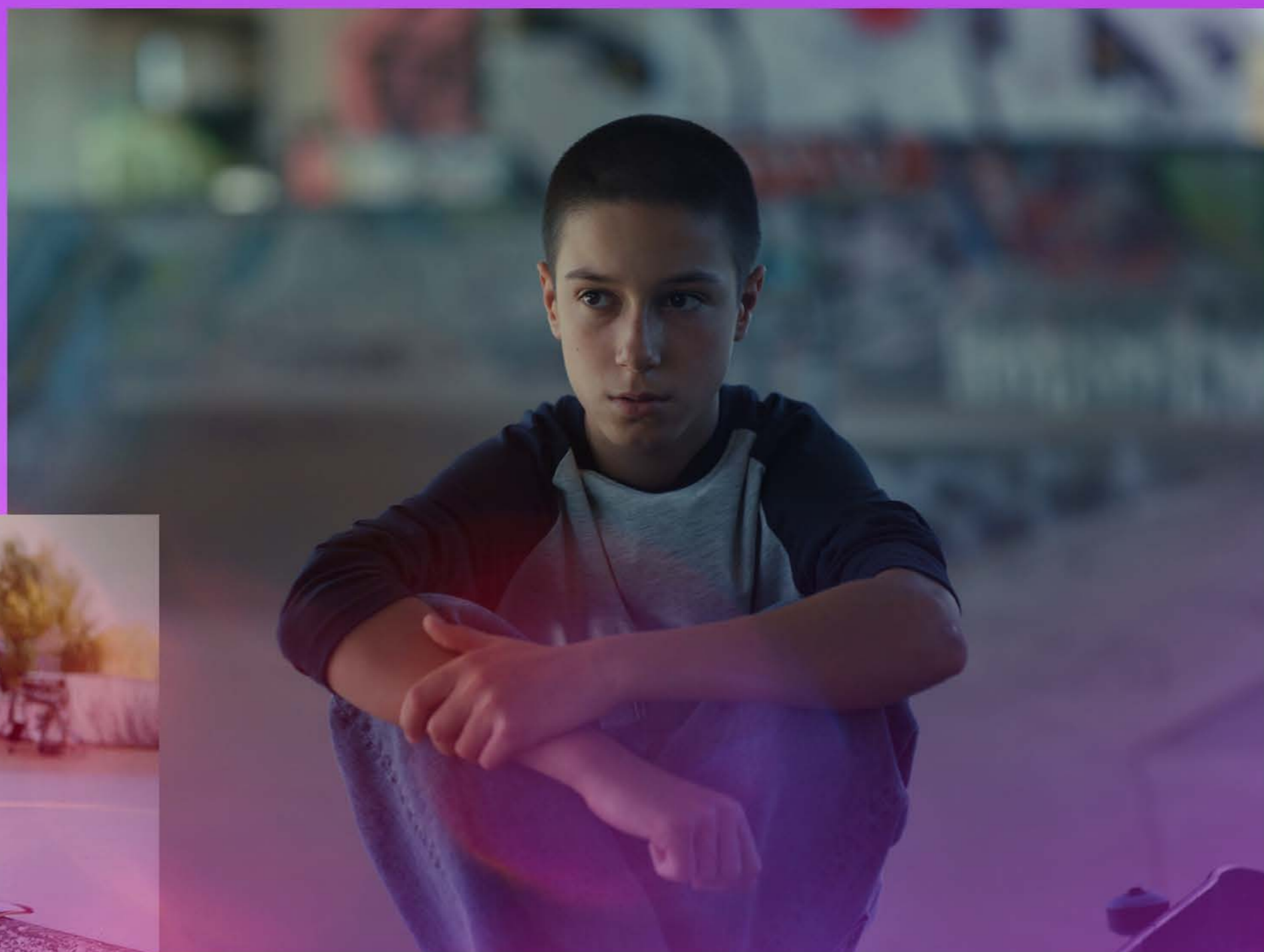
WRITER/DIRECTOR **NUNO BALTAZAR**
CINEMATOGRAPHER **DAVID MARQUES**
ART DIRECTOR **NUNO DE MELLO/TIGRE DE FOGO**
SOUND **RICARDO SEQUEIRA**
COSTUME DESIGNER **TÂNIA SOEIRO**
HAIR & MAKEUP ARTIST **CATARINA SANTIAGO**
COREOGRAPHER **MARCO DA SILVA FERREIRA**
CASTING BY **EDUARDO FRAZÃO/ERRO DE CASTING**
1ST ASSISTANT DIRECTOR **RAUL CORREIA**
EDITOR **NUNO BALTAZAR**
COLORIST **MARCO AMARAL/THE YELLOW COLOR**
VFX BY **VIVID STUDIOS, MUSGO STUDIO**
SOUND EDITING & MIXING **LOUDNESS FILMS**
PRODUCTION MANAGER **BRUNO ADRIÃO**
LINE PRODUCER **JOANA SYNEK**
PRODUCED BY **GRUMPY PANDA, NUNO BALTAZAR, CATS FILMS**



DIRECTOR'S STATEMENT

MONSTRO is a love story. It explores how love shared among family, partners, and friends can sometimes be tested by our insecurities, fears, and ghosts. The story follows Alex, a quiet and shy 12-year-old boy. It's summertime in Lisbon, and Alex spends most of his school holidays hanging out at a skatepark with his best friend Dani, who is older, more vibrant, and outgoing. Alex venerates him, and when the lines between friendship and love begin to blur, a single moment of insecurity sets off a chain of events that will lead Alex to a profound transformation. To preserve his friendship with Dani, Alex must confront not only his fears but also the consequences of that moment.

No matter how aware teenagers are about the language of relationships and LGBTQ issues today, the breakup of an intense relationship is always shocking. They still lack the adult life experience to explain it, and the end of a friendship can be devastating in a way a romantic relationship isn't. MONSTRO offers a portrait of boyhood friendship, masculinity, and the fallout when these two collide, by exploring the invisible boundaries that young men are conditioned to see between themselves and their closest male friends. It tries to represent how they attempt to articulate what love feels like at an age when expressing anything feels impossible, by combining moments of pure observation with dreamlike visions, where the boundaries between reality and fantasy become undefined. Bodies, gestures, and sensory details take precedence over dialogue to reflect Alex's inner turmoil. Ultimately, I hope the audience feels a deep emotional connection to him through empathy, not judgment, and recognises that confronting guilt and desire is never a simple or painless process.



DIRECTOR'S BIOGRAPHY

Nuno is a Portuguese writer, director and producer. His short films "Doce Lar" (2014), "California" (2018), and "Salto" (2020) have screened in several international film festivals and collected numerous awards. Nuno has participated in La Résidence du Festival de Cannes and in the Locarno Filmmakers Academy, and he's currently developing his first feature film, a new short and several projects for TV. "Monstro" (2026) is his latest short film.

TECHNICAL DETAILS

RUNNING TIME **22 MINS**

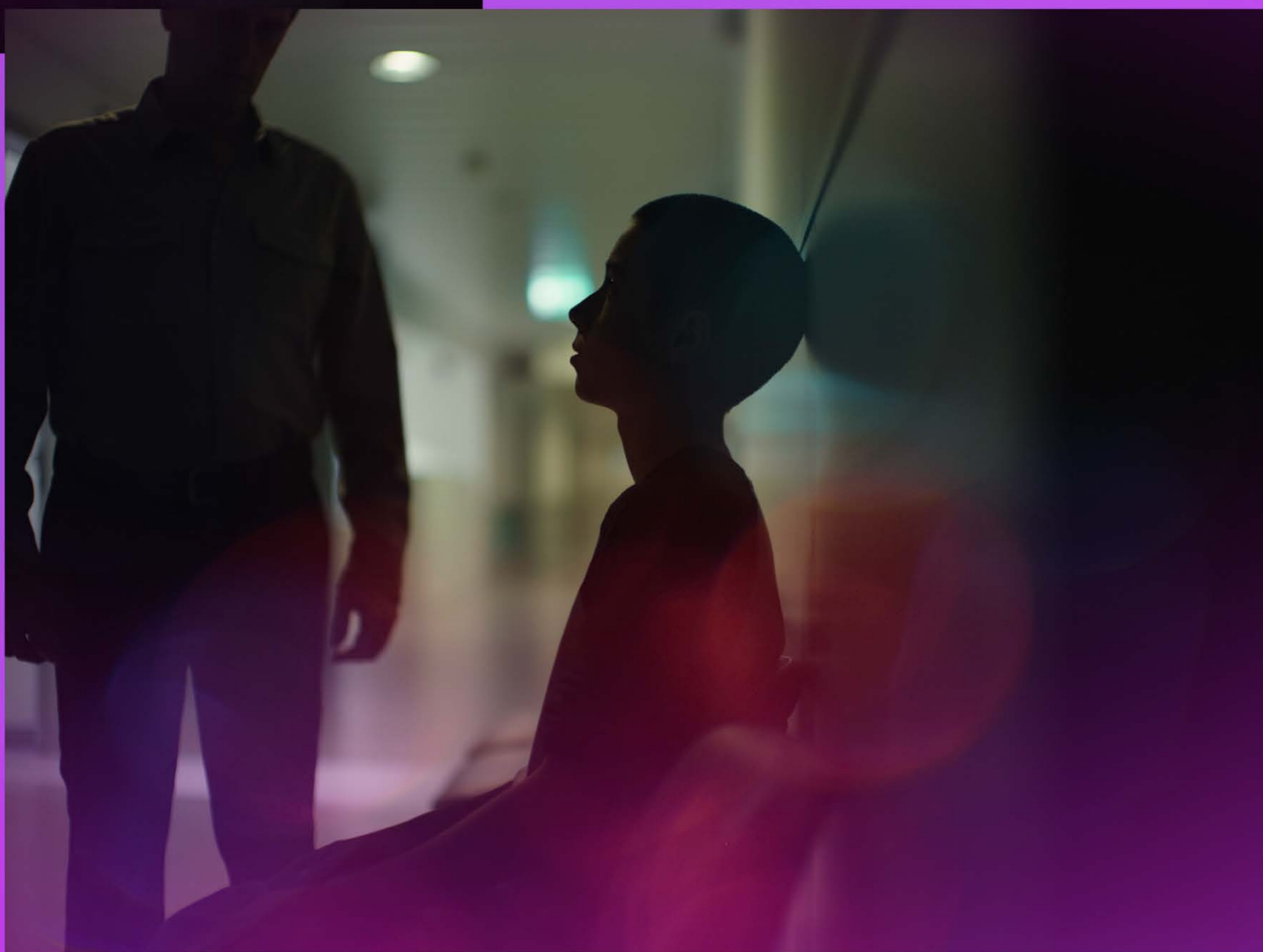
GENRE **DRAMA**

FORMAT **HD**

ASPECT RATIO **16:9**

LANGUAGE **PORTUGUESE**

PRODUCTION COUNTRIES **PORTUGAL, EGYPT**



PRODUCTION

GRUMPY PANDA

www.grumpy-panda.pt

info@grumpy-panda.pt

NUNO BALTAZAR

nunobaltazar@icloud.com

CATS FILMS

www.catsfilms.com

hello@catsfilms.com

DISTRIBUTION AND SALES

PORTUGAL FILM

www.portugalfilm.org

dir@portugalfilm.org